

# LIFE OUT LOUD



**Would you like to learn about healthy relationships, hygiene, self-esteem and sexual health, and keeping yourself safe?**

Orana provides people with the opportunity to learn about their rights, as well as increasing their skills and understanding of how to form respectful and safe relationships.

Life Out Loud can be tailored to suit individuals or conducted in a small group.

This is suited to people of all levels of literacy. You will receive a workbook and a certificate upon completion.

#### **Who can participate?**

Anyone with appropriate NDIS funding can participate, or you can self-fund if required.

#### **Who delivers this training?**

Our team of Developmental Educators have experience in teaching people about healthy and respectful relationships.

#### **When can this training start?**

Our team can arrange a time that suits you.

#### **Want to take part?**

Contact our Customer Care Team Leader, Merisa on 8375 2021 or [intake@orana.asn.au](mailto:intake@orana.asn.au)